

<b>Social-Emotional Learning Self-Assessment</b>			
<i>Self-Awareness</i>			
	<i>I don't think so</i>	<i>I'm working on it</i>	<i>I'm good at it</i>
I know what I'm good at and what I need to work on.			
When I'm upset, I can tell why.			
I believe I can do well as long as I focus and try hard.			
I can understand why someone else thinks or feels differently than me.			
I understand that people are different, and I like to learn about those differences.			

I respect others by being polite and listening to them.			
<i>Responsible Decision-Making</i>			
	<i>I don't think so</i>	<i>I'm working on it</i>	<i>I'm good at it</i>
I can figure out what the problem is when I'm struggling.			
I think about all the choices I can make, and make a decision based on is the best choice.			
I do the right thing, even when it's not easy, or what I want to do.			
If I'm mad or upset, I stop and calm down before I do anything.			

I motivate myself to do things, even if I don't want to.			
I set goals and try to accomplish them.			
<b><i>Relationship Skills</i></b>			
	<i>I don't think so</i>	<i>I'm working on it</i>	<i>I'm good at it</i>
When I'm working with others, I can clearly explain what I'm thinking.			
It's easy for me to make new friends.			
I work well with others when I'm working in a team or group.			